



GreenHome Transport Action Plan



GOOD FOR YOUR POCKET – GOOD FOR THE ENVIRONMENT. SELECT ACTIONS FROM BELOW AND TICK OFF WHEN COMPLETED!

TRANSPORT ACTIONS	We will take this action!	Time Frame	Action taken
Walk/Cycle whenever possible			
Encourage children to walk/cycle when possible			
Take public transport when possible (this will have 10 times less impact on the Environment)			
Try car pooling with a work colleague (Reduce your CO ₂ emissions by half and it's much cheaper too!)			
Try car pooling if dropping children to school			
Try 'Park and Stride' – park car 1km from school and children walk rest of way			
Plan ahead - combine car trips e.g. go food shopping/collect dry-cleaning etc. when children are at sports training.			
Save air miles – buy locally grown fruit and vegetables in season			
Turn off engine if car is stationary for 2 mins.			
Inflate tyres to correct pressure (Save 5% on your fuel bill)			
Lose weight! Remove car rack, cycle rack, golf clubs etc when not in use and save on fuel bill,			
Drive smoothly! (harsh braking and acceleration uses up to 30% more fuel)			
Slow Down! – it can cost you up to 25% more on fuel at speeds over 100km/h			
Get the car serviced regularly to increase fuel efficiency			
Don't bother with air conditioning when travelling at speeds of less than 70km/h			
If you are thinking of buying a new car, choose one with lowest carbon emissions possible (check out www.sei.ie 'How Clean is your Car?' for details)			
Air travel produces huge emissions. To find out more about the carbon cost of a flight you are considering, see www.carbonneutral.com or www.carboncalculator.org			